



PRESENT



ASWD

RACEWALKING DEVELOPMENT CLINIC

R10,00 entry fee

SATURDAY

April 15, 2023 08:00

Lions Club, Village Green, Pelican Street,
Sedgefield

Date:
Saturday, 15 April 2023

Start:
08:00

Registration:
from 07:00 on the day

Participant fee:
R10.00 per athlete

Venue:
Lions Club, Village Green, Pelican
Street, Sedgefield

Enquiries:
Sarie Exton - 081 895 5285

Email:
raceconvenor@sedgefieldstriders.co.za

Please pre-enter by sending your form to
raceconvenor@sedgefieldstriders.co.za
Clubs may send a spreadsheet with their
participants in advance to the above email
address. 'On the day' registrations also
welcome.

The objectives of the clinic:

- To create awareness of racewalking within the province
- To promote healthy competition amongst all racewalking athletes within the province
- To raise the bar in terms of racewalking technique and adhering to the rules of the sport
- To encourage and increase athlete participation at races within the province
- To identify talent.

All clubs within ASWD are invited to participate.