

SEDGEFIELD STRIDERS TIME TRIAL RESULTS

March-2025

Filter

Sum - Hours		Date				
Run/Walk	Dist	Member Name	2025-03-05	2025-03-12	2025-03-19	2025-03-26
Runners	3	Attie Cilliers			00:17:03	
		David Wright	00:27:32			
		Godfrey Jantjies		00:17:03		00:16:09
		Jeanne Marie Eksteen				00:16:42
		Karita Smit		00:19:37	00:18:41	
		Mandy Heggie	00:29:40			
	4	Andrea Lamprecht				00:28:23
		Jean Witten			00:32:26	
		Jeanne van der Westhuizen				00:32:30
	5	Alvin Witten			00:27:15	00:24:58
		Andrea L		00:30:36		
		Anton Jordaan	00:26:33			
		Attie Cilliers				00:25:52
		Belinda Tull	00:22:25			
		Bomber Webb	00:27:15		00:30:51	
		Cecil Whittal	00:27:15	00:30:52		
		Craig France	00:34:54			
		David Fredericks	00:24:47	00:27:42	00:25:26	00:24:57
		Eugene Botha				00:21:02
		Gert Nel			00:27:00	00:25:23
		Jocelyn Manley	00:33:31			
		Karita Smit	00:33:40			00:27:13
		Louwrens van der Merwe				00:26:55
		Marius Van Der Merwe			00:31:00	
		Natasja Prinsloo	00:24:52			
		Ryk Eksteen	00:24:05	00:25:22	00:23:53	
		Sjanrie Hendrikz	00:26:20		00:26:52	00:25:07
Slade West		00:20:52				
Una Hendrikz	00:27:13		00:27:16	00:26:40		
Walkers	2	Bob Dudley				00:23:15
		Norman van Rheede			00:29:33	
		Storm Mabin			00:29:33	
		Truus Grater		00:23:05		
		Viv Grater		00:23:05		
	3	Anne Grobler		00:27:44		
		Arrie Smit				00:32:55
		Attie Cilliers		00:30:57		
		Belinda Tull		00:30:57		
		Bennie Weideman		00:30:42		
		Cathy Weideman		00:32:46		
		Chantell Freiboth		00:33:00	00:30:00	
		Chris Fimpel	00:27:10	00:27:24	00:26:40	00:26:45
		Coline Munro	00:29:22			00:29:07
		Derrick Main		00:31:40		
Doris Nayler	00:28:23	00:29:35		00:26:49		
Elaine Dudley				00:31:42		
Heather Furter	00:26:47	00:27:50	00:27:30	00:29:08		
Ihanda Nel			00:33:00			

SEDGEFIELD STRIDERS TIME TRIAL RESULTS

	Ina Terblanche				00:27:39
	Jane Fitton			00:27:30	
	Joy Pickering	00:27:00	00:32:23	00:31:21	
	Linda Schoo	00:29:20			00:29:08
	Lori Jones	00:29:26		00:31:21	
	Luana Laubscher	00:29:22			
	Mandy Arora				00:30:52
	Mara-Lu smit	00:29:26	00:32:23	00:31:21	00:27:23
	Mark De Swart		00:31:40		
	Michelle de Wet		00:27:50	00:27:10	
	Mike Pickering	00:29:12		00:28:37	00:28:59
	Nic Brummer				00:30:20
	Norman van Rheede	00:28:34			
	Pedro Goncalves	00:28:23	00:29:35		00:26:49
	Retha Barnard		00:27:44		00:29:04
	Shirley Miksch		00:30:49		00:30:52
	Steven Douglas		00:30:42	00:28:37	
	Storm Mabin	00:28:34			
	Tracey Salgado		00:30:49		00:30:52
	Truus Grater			00:34:11	00:31:20
	Viv Fimpel		00:32:46	00:30:02	00:30:27
4	Arrie Smit		00:33:07		
	Beverley Bouwer			00:39:49	
	Carin Conradie				00:32:30
	Cynthia Barnes	00:32:49	00:33:01	00:33:48	00:32:55
	Doris Nayler			00:34:24	
	Graham Nelson			00:36:41	
	Jane Fitton		00:33:52		
	Jean Witten			00:39:49	00:34:09
	Jocelyn Manley		00:33:33		
	Karen Bothma	00:32:52	00:33:01	00:33:38	00:32:50
	Ken Oakes			00:36:41	00:36:27
	Linda Whittal	00:32:52	00:33:33		
	Lynne Nelson			00:36:41	00:36:27
	Michelle de Wet				00:34:09
	Mitri Delpont			00:39:49	
	Nic Brummer	00:29:38	00:30:40	00:29:48	
	Paul Laubscher	00:29:38	00:31:40	00:30:17	
	Pedro Goncalves			00:34:24	
	Rea Cilliers	00:30:34	00:31:40	00:30:17	00:30:29
	Steven Douglas				00:34:06
	Wayne Milward	00:30:23	00:31:40		00:30:29
	Wilna Jordaan	00:30:34		00:33:00	
5	Eric Roper	01:00:00	00:55:00	00:55:00	00:54:00
	Ina Terblanche	00:35:59	00:45:00	00:30:00	
(en	Ina Terblanche	00:00:00			