

SEDGEFIELD STRIDERS TIME TRIAL RESULTS

May-2025

Filter

Sum - Hours		Date				
Run/Walk	Dist	Member Name	2025-05-07	2025-05-14	2025-05-21	2025-05-28
Runners	3	Attie Cilliers				00:16:16
		Cecil Whittal	00:17:44			
		Karita Smit		00:23:24		00:18:10
		Mandy Heggie		00:26:36		
		Samantha Meyer				00:27:07
		Samantha Meyer	00:30:41			
		Steven Douglas				00:16:16
	4	Attie Cilliers		00:21:26		
		Jeanne van der Westhuizen			00:33:32	
		Jocelyn Manley				00:27:22
		Linda Whittal				00:26:24
	5	Andrea Olsen	00:36:28			
		Belinda Tull	00:22:51			
		Cecil Whittal				00:28:00
		Craig France			00:30:03	00:29:36
		Francois Munro		00:24:28		
		Gavin Jantjies	00:21:19			
		Gert Nel		00:28:32		
		Heinrich van Rooyen	00:22:38		00:23:21	00:22:25
		Jocelyn Manley		00:35:50		
Louwrens van der Westhuizen				00:30:02		
Sjanrie Hendrikz		00:24:35	00:23:41		00:23:40	
Slade West		00:19:12		00:18:21	00:18:54	
Thomas			00:21:18			
Una Hendrikz	00:24:50	00:27:29				
Walkers	2	Bob Dudley	00:23:00			
		Truus Grater	00:20:48			
	3	Anne Grobler		00:29:45		
		Attie Cilliers			00:31:04	
		Bennie Weideman			00:31:04	00:28:35
		Cathy Weideman			00:29:28	00:28:37
		Chris Fimpel	00:26:55	00:26:54		00:26:43
		Coline Munro	00:29:36			00:28:06
		Colleen Potgieter	00:31:03	00:29:45		00:28:30
		Derrick Main		00:30:03		
		Doris Nayler	00:26:57			00:26:03
		Elaine Dudley	00:33:26			00:29:10
		Haniki Main	00:31:03	00:29:45		00:28:30
		Heather Furter	00:28:27	00:26:59		00:28:06
		Ina Terblanche	00:30:52	00:36:32		
		Jane Fitton				00:26:49
		Jocelyn Manley	00:29:36			
		Joy Pickering	00:32:32			
		Karen Bothma	00:26:42	00:25:42		
		Ken Oakes				00:27:38
Lori Jones		00:28:48	00:35:35			
Lynne Nelson				00:27:38		
Mandy Heggie				00:25:22		

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	Mara-Lu smit	00:28:48	00:26:03
	Mark De Swart	00:31:05	00:28:36
	Michelle de Wet	00:28:27	00:26:43
	Mike Pickering	00:29:40	
	Nic Brummer	00:24:08	00:25:22
	Paul Laubscher	00:29:40	00:26:59 00:24:27 00:24:02
	Pedro Goncalves	00:26:57	
	Rea Cilliers		00:24:27 00:24:02
	Samantha Meyer	00:30:03	00:30:45
	Shirley Miksch	00:30:52	00:31:05 00:28:43
	Steven Douglas	00:26:36	00:25:46
	Tracey Salgado	00:30:52	
	Truus Grater		00:32:15 00:32:10
	Viv Fimpel	00:30:14	00:29:54
	Viv Grater	00:30:29	00:30:39 00:30:24
	Wayne Milward	00:26:42	
4	Arrie Smit	00:32:17	00:33:16
	Carin Conradie	00:33:04	
	Graham Nelson	00:36:23	
	Ken Oakes	00:36:23	
	Lynne Nelson	00:36:23	
	Mandy Heggie	00:37:19	
	Nic Brummer	00:30:44	
	Rea Cilliers	00:31:36	
	Steven Douglas	00:37:19	
	Wayne Milward	00:31:36	00:30:10
6	Eric Roper	00:58:00	