

SEDGEFIELD STRIDERS TIME TRIAL RESULTS

June-2025

Filter

Sum - Hours		Date				
Run/Walk	Dist	Member Name	2025-06-04	2025-06-11	2025-06-18	2025-06-25
Runners	3	Jean Witten	00:25:38	00:23:04		
		Jocelyn Manley	00:25:38			
		Karita Smit	00:17:20			
		Mara-Lu smit	00:24:54			
	4	Anton Nootenboom				00:26:26
		Attie Cilliers	00:21:01	00:21:03		
		Cecil Whittal				00:22:45
		Graham Nelson				00:33:51
		Jeanne van der Westhuizen			00:25:00	
		Ken Oakes				00:33:51
		Linda Whittal		00:25:41		
		Louwrens van der Westhuizen			00:32:00	
		Lynne Nelson				00:33:51
		Mandy Heggie				00:27:33
	Steven Douglas	00:21:01	00:21:03			
	5	Alvin Witten	00:25:15	00:24:55	00:25:05	
		Andrea Olsen				00:30:13
		Anton Nootenboom		00:29:33		
		Attie Cilliers				00:26:04
		Cecil Whittal	00:27:04	00:28:20		
Emma Rorke		00:31:51				
Eugene Botha			00:19:45			
Heinrich van Rooyen		00:22:11				
Jean Witten				00:37:20		
Jeanne van der Westhuizen					00:34:38	
Kabelo Matlaletsa			00:31:28	00:27:53	00:27:45	
Linda Whittal					00:26:53	
Louwrens van der Westhuizen					00:31:37	
Ryk Eksteen				00:24:41	00:26:44	
Sjanrie Hendrikz		00:24:19			00:26:28	
Steven Douglas					00:25:58	
Una Hendrikz	00:28:09			00:27:06		
Walkers	2	Bob Dudley	00:22:21	00:22:54	00:22:11	00:22:33
		Elaine Dudley			00:22:29	
	3	Anne Grobler			00:29:12	
		Bennie Weideman				00:29:18
		Cathy Weideman				00:29:18
		Chris Fimpel		00:26:15		
		Chris Fox				00:34:50
		Coline Munro	00:29:52			00:33:55
		Delene Fry				00:34:24
		Derrick Main	00:31:42	00:31:54	00:30:42	
		Doris Nayler	00:25:11	00:25:53	00:28:26	
		Edith Fox				00:40:38
		Elaine Dudley	00:28:50	00:28:29		00:30:19
		Graham Nelson		00:26:34		
		Haniki Main			00:29:12	00:34:24
		Heather Furter	00:27:40		00:29:12	00:27:31

SEDGEFIELD STRIDERS TIME TRIAL RESULTS

	Ina Terblanche			00:33:55
	Ita Stighling	00:25:55		
	Jane Fitton	00:27:40		
	Joy Pickering	00:31:42	00:33:38	00:40:38
	Ken Oakes	00:27:41	00:26:34	
	Linda Schoo	00:29:52		00:34:04
	Lynne Nelson		00:26:34	
	Mandy Heggie		00:25:24	
	Mike Pickering	00:29:09		00:34:50
	Nic Brummer		00:23:45	
	Paul Laubscher		00:23:45	
	Pedro Goncalves		00:25:53	00:28:26
	Rea Cilliers		00:23:45	
	Samantha	00:31:24	00:31:54	
	Samantha Meyer			00:30:42
	Shirley Miksch	00:31:24	00:32:13	00:30:28
	Tracey Salgado	00:31:24	00:32:13	00:30:28
	Truus Grater	00:31:43	00:32:39	
	Viv Grater	00:29:29	00:32:08	
4	Anne Grobler		00:35:20	
	Carin Conradie			00:31:45
	Cynthia Barnes			00:33:30
	Doris Nayler			00:32:28
	Graham Nelson			00:33:30
	Heather Furter		00:34:59	
	Ita Stighlingh		00:35:20	
	Ken Oakes			00:32:05
	Lynne Nelson			00:34:59
	Michelle de Wet		00:34:59	
	Mike Pickering		00:35:20	
	Nic Brummer			00:37:43
	Paul Labscher	00:31:11		00:31:45
	Paul Laubscher	00:31:11		00:31:36
	Pedro Goncalves			00:31:45
	Ria Cilliers			00:33:30
	Wilna Jordaan	00:31:11		
				00:33:51
5	Cynthia Barnes		00:41:21	00:40:29
	Eric Roper			00:45:00
	Jocelyn Manley		00:37:16	
	Mandy Heggie			00:40:29
	Paul Laubscher			00:38:34
	Rea Cilliers			00:38:45
	Steven Douglas			00:36:01
	Wayne Milward		00:38:25	00:38:34