

SEDGEFIELD STRIDERS TIME TRIAL RESULTS

July-2025

Filter

Sum - Hours		Date				
Run/Walk	Dist	Member Name	2025-07-02	2025-07-09	2025-07-16	2025-07-23
Runners	3	Attie Cilliers			00:16:13	
		Cecil Whittal	00:17:21			
		Emma Rorke		00:22:42		
		Steven Douglas		00:14:27	00:16:13	00:14:10
	4	Attie Cilliers	00:20:44			
		Graham Nelson	00:34:09	00:34:43		
		Ken Oakes	00:34:09			
		Lynne Nelson	00:34:09	00:34:43		
		Steven Douglas	00:20:32			
	5	Alvin Witten		00:26:14	00:26:17	
		Andrea Olsen			00:28:39	
		Anton Nootenboom		00:28:46		
		Eugene Botha				00:21:52
		Jocelyn Manley		00:36:00		
		Louwrens van der Westhuizen		00:29:40		
Ryk Eksteen		00:24:40				
Sjanrie Hendrikz			00:24:35			
Slade West			00:18:39	00:18:15	00:19:34	
Una Hendrikz			00:26:48			
Vanessa Eibig		00:27:02				
Walkers	2	Norman van Rheede	00:31:11			
		Storm Mabin	00:31:11			
	3	Anne Grobler	00:26:59			
		Bennie Weideman	00:29:34		00:29:10	
		Cathy Weideman	00:29:34		00:29:10	
		Chris Fimpel	00:26:57			
		Chris Fox	00:34:18		00:30:20	
		Doris Nayler	00:28:42	00:28:39	00:27:56	
		Edith Fox	00:40:20		00:38:18	
		Elaine Dudley		00:28:04	00:28:03	
		Haniki Main			00:28:00	
		Heather Furter	00:27:32	00:28:04		
		Ita Stighlingh	00:26:15			
		Jean Witten			00:28:00	
		Jeanne van der Westhuizen		00:33:15		
		Joy Pickering	00:40:20	00:34:59	00:38:18	
		Karen	00:26:15			
		Kobie Olckers		00:34:59		
		Mandy Heggie	00:25:15		00:24:11	
		Mark De Swart		00:31:35		
Michelle De Wet	00:27:32	00:28:39	00:27:56			
Mike Pickering			00:30:14			
Nic Brummer	00:29:45	00:25:08				
Pedro Goncalves	00:28:42	00:28:39				
Rea Cilliers			00:24:11			
Samantha Meyer	00:32:51	00:30:15	00:30:15			
Shirley Miksch	00:32:51	00:31:35	00:30:20			
Truus Grater	00:32:30	00:33:16				

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	Viv Grater	00:32:30	00:33:00
4	Cynthia Barnes		00:32:13
	Graham Nelson		00:34:25
	Jean Witten	00:31:37	
	Karen Bothma		00:34:00
	Lynne Nelson		00:32:13
	Nic Brummer		00:34:25
	Paul Laubscher		00:30:06
	Rea Cilliers		00:30:51
	Rea Cilliers	00:31:37	
5	Cynthia Barnes		00:39:45
	Eric Roper		00:55:00
	Paul Laubscher	00:47:01	
6	Eric Roper		00:52:00