

SEDGEFIELD STRIDERS TIME TRIAL RESULTS

August-2025

Filter

Sum - Hours		Date				
Run/Walk	Dist	Member Name	2025-08-06	2025-08-13	2025-08-20	2025-08-27
Runners	3	Anne Grobler				00:25:18
		Colleen Potgieter				00:25:18
		Elaine Marais	00:25:49			
		Karita Smit				00:27:13
		Steven Douglas		00:16:15	00:19:07	
	4	Stephen van Beek				00:18:48
		Steven Douglas	00:18:38			
	5	Alvin Witten	00:25:06		00:24:35	
		Cecil Whittal	00:27:30			
		David Fredericks		00:27:00	00:24:35	
		Heinrich van Rooyen	00:23:14			
		Ryk Eksteen	00:24:37	00:23:41	00:23:57	00:24:00
		Sjanrie Hendrikz		00:24:23		00:27:14
		Slade West	00:18:40			
	Una Hendrikz	00:26:28	00:27:33		00:28:29	
Walkers	2	Bob Dudley		00:23:08	00:22:41	
		Rob Marais				00:29:00
	3	Bennie Weideman		00:28:45		
		Chris Fimpel		00:27:37		00:30:05
		Chris Fox	00:30:23		00:30:31	
		Colleen Potgieter			00:28:32	
		Cynthia Barnes		00:25:24		
		Derrick Main		00:33:53		
		Doris Nayler	00:30:11	00:29:50	00:25:40	
		Edith Fox	01:02:24	00:35:08	00:40:00	
		Elaine Dudley		00:30:06	00:29:16	
		Eric Roper	00:35:00			
		Frank Davies		00:35:08	00:41:42	
		Haniki Main			00:30:45	
		Heather Furter		00:27:35	00:28:32	
		Ian Fyfe	00:35:00		00:41:42	00:38:50
		Ina Terblanche			00:30:43	
		Ita Stighlingh			00:25:40	
		Ita Stiglingh		00:27:24		
		Jean Witten		00:23:44		
		Joy Pickering		00:35:08		
		Karen Bothma	00:26:16	00:27:24		
		Mandy Heggie	00:24:04	00:33:53	00:24:28	
		Michelle De Wet	00:30:09			
		Mike Pickering	00:30:09	00:35:08	00:30:31	
		Pedro Goncalves		00:29:50		
		Rob Marais	00:30:23	00:30:05		
		Sarah Fyfe	00:35:00		00:41:42	00:38:50
		Sharlene Currin		00:23:44		
	Shirley Miksch	00:00:12	00:29:50	00:30:45		
Truus Grater	00:33:13	00:32:20	00:31:47			
Viv Grater	00:33:13	00:31:55	00:30:33			
4	Bennie Weideman				00:35:14	

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		Cynthia Barnes	00:32:10			
		Graham Nelson		00:34:20		
		Jean Witten	00:32:10		00:32:39	
		Karen Bothma				00:35:14
		Lynne Nelson		00:34:20		
		Nic Brummer	00:30:34	00:30:09	00:32:39	
		Paul Laubscher	00:30:34	00:30:09		
	5	Eric Roper		00:56:00		
		Jocelyn Manley				00:38:50