

SEDGEFIELD STRIDERS TIME TRIAL RESULTS

OCTOBER 2025

Filter

Sum - Hours		Date							
Run/Walk	Dist	Member Name	2025-10-01	2025-10-08	2025-10-09	2025-10-15	2025-10-22	2025-10-29	
Runners	3	Andrea Olsen					00:18:31		
		Attie Cilliers				00:16:15	00:15:44		
		Belinda Tull				00:19:10			
		Celeste Pretorius					00:31:30		
		Frank Davies					00:31:30		
		Michael Edwards			00:26:15				
		Steven Douglas	00:14:47					00:14:33	
	4	Delia Levendal						00:32:37	
		Jean Witten			00:32:25		00:28:28	00:32:00	
		Jocelyn Manley			00:32:25				
	5	Alvin Witten			00:24:43		00:25:22	00:25:04	
		Andrea Olsen							00:31:37
		Attie Cilliers			00:27:07				00:26:13
		Aubrey Brinkhuis	00:21:14						
		Byron Boesak	00:19:59		00:19:23		00:19:20	00:19:50	
		Cecil Whittal			00:28:34			00:27:53	
		Gert Nel					00:27:18	00:25:40	00:26:23
		Graham Nelson						00:24:45	
		Jeanne van der Westhuizen			00:34:50				
		Louwrens van der Westhuizen			00:33:42				
Ryk Eksteen				00:24:07		00:24:00	00:23:30	00:24:48	
Sjanrie Hendrikz				00:25:02					
Slade West				00:18:21		00:19:15	00:18:32		
Steven Douglas			00:24:22		00:24:28		00:26:13		
Una Hendrikz			00:28:13						
Walkers	3	Anne Grobler	00:27:50			00:29:02	00:30:26	00:29:20	
		Averil Webber	00:32:10	00:31:31					
		Bennie Weideman	00:29:49	00:28:45			00:28:49	00:31:25	
		Bob Dudley	00:30:45	00:36:49					
		Cathy Weideman	00:29:49	00:28:45		00:32:51	00:28:49	00:31:25	
		Celeste Pretorius		00:38:40		00:33:08			
		Chantel Freiboth					00:35:00		
		Chris Fimpel	00:26:58	00:27:10		00:27:00	00:27:00	00:27:37	
		Chris Fox	00:40:00	00:35:50				00:29:57	
		Colleen Potgieter	00:27:50			00:29:02	00:27:21	00:29:20	
		Derrick Main		00:32:40			00:32:03		
		Dianne Fallows	00:31:22				00:32:03		
		Doris Nayler	00:28:17		00:26:40	00:26:40	00:27:50	00:28:35	
		Edith Fox	00:41:32	00:35:50					
		Elaine Dudley	00:36:47	00:28:50					
		Elaine Marais	00:31:22	00:30:42			00:32:03	00:32:15	
		Frank Davies		00:38:40					
		Graham Nelson	00:29:45						
		Haniki Main				00:28:47	00:30:26		
		Heather Furter	00:27:50	00:27:05		00:28:47	00:27:21		
		Ian Fyfe	00:40:00	00:37:50					
		Ina Terblanche					00:33:00		
		Ita Stighling	00:30:36			00:26:40			
		Jocelyn Manley	00:32:10						
		Joy Pickering		00:32:40		00:32:40	00:32:15		
		Karen Bothma	00:26:58	00:26:40		00:26:40	00:26:47		
		Lynne Nelson	00:34:43						
		Mandy Heggie	00:24:19	00:24:25					
		Mary Harty		00:31:31					
		Mike Pickering		00:31:02		00:30:15	00:28:55		
Nic Brummer	00:23:22	00:23:57		00:24:55		00:24:09			
Paul Laubscher	00:23:52	00:23:57				00:24:09			

SEDGEFIELD STRIDERS TIME TRIAL RESULTS

	Pedro Goncalves	00:28:17		00:27:50	00:28:35
	Rea Cilliers		00:26:40		
	Rob Marais	00:28:18	00:31:02		00:29:57
	Sarah Fyfe		00:37:50		
	Shirley Miksch	00:30:00		00:33:08	00:32:11
	Tracey Salgado				00:32:11
	Truus Grater	00:33:18	00:32:50		
	Viv Fimpel		00:31:31	00:32:51	00:31:25
	Viv Grater	00:30:45	00:31:50		00:30:11
4	Beverley Bouwer		00:32:45		
	Carin Conradie			00:35:20	
	Graham Nelson		00:36:38		
	Ita Stighling				00:31:00
	Ken Oakes		00:36:38		
	Linda Whittal			00:33:15	
	Lynne Nelson		00:36:38		
	Mitri Delport		00:32:45		
	Paul Laubscher			00:33:15	
	Rea Cilliers			00:33:15	00:31:00
5	Cynthia Barnes		00:40:57		
	Rea Cilliers		00:40:57		
	Wayne Milward			00:40:23	