

Sedgefield Striders Championship 2026



Event	Date
Two Lagoons 30km for runners 10km for walkers & runners	31 st January
Knysna Heads 42km & 21km for runners 10km & 21km for walkers & runners	14 th February
Outeniqua Marathon 42km & 21km for runners 10km & 21km for walkers & runners	25 th April
Hoekwil Race 10km and 21km for walkers & runners	9 th May
Knysna Forest Marathon 42km/21km/Helper (all these options get the same number of points)	4 th July
Houtkapper Trail run, Rheenendal 9km and 15km trail run for walkers & runners	5 th July
Elvis Brew to Brew 12km for walkers & runners	10 th August
Knysna Waterfront 21 & 10km (walkers and runners)	14 th November
Love Life 5km & 10km (walkers and runners)	2 nd December
Knysna Nite Race 5km & 10km (walkers and runners)	16 th December

Runners and walkers will be awarded 5 points for competing in each of the events listed above. A league of results will be sent out to members after each event, with cumulative scores, so we can see who is topping the leaderboard.

Awards

Trophies will be awarded to the male and female walkers and runners with the most points (i.e. 4 awards). If there is a joint winner, within a category, the person with the highest average age grading wins the award.