SEDGEFIELD STRIDERS TIME TRIAL RESULTS (Visitor times not shown)

July-2024

Sum - Hours			Date			
Run/Walk	Dist	Member Name	2024-07-10	2024-07-17	2024-07-24	2024-07-31
Runners	3	Jean-Marie Eksteen		00:19:40	00:19:32	
	4	Attie Cilliers			00:25:42	
		Emma Rorke	00:25:34		00:25:42	
	5	Andrea Olsen	00:26:22	00:25:57		
		Anke Terblanche	00:30:10			
		Anton Jordaan	00:28:23	00:26:11	00:25:45	00:26:56
		Anton Nootenboom			00:28:25	
		Attie Cilliers	00:25:33			00:26:50
		Cecil Whittal	00:25:10		00:26:15	00:28:52
		Emma Rorke		00:32:13		00:33:59
		Eugene Botha				00:21:02
		Francois Munro				00:24:13
		Gert Nel		00:26:25		
		Jocelyn Manley		00:33:54		00:33:59
		Linda Whittal			00:28:53	00:28:52
		Matty Smith	00:29:13			
		Sjanrie Hendrikz	00:28:05	00:28:15	00:26:43	00:27:54
		Slade West		00:26:47	00:18:48	00:19:10
		Una Hendrikz	00:28:05	00:27:01	00:26:45	00:27:54
		Vanessa Eibig	00:26:12	00:26:02	00:26:06	
Walkers	3	Bennie Weideman	00:28:01	00:28:18		
		Bob Dudley	00:35:30		00:33:50	00:33:56
		Brian		00:31:32		
		Bridget Oakes			00:39:03	
		Cathy Weideman	00:28:01	00:27:46		
		Chris Fimpel	00:26:14	00:26:07		00:26:31
		Chris Miles	00:27:11	00:26:17		
		Coline Munro				00:28:42
		Derrick Main			00:30:09	
		Doris Nayler		00:27:00		00:31:50
		Elaine Dudley	00:35:30			00:33:56
		Graham *		00:31:32		
		Graham Nelson			00:29:48	
		Heather Furter		00:26:43		00:28:42
		Ina Terblanche	00:29:32	00:29:32	00:29:59	00:29:08
		Jean Witten		00:25:00		
		Joy Miles	00:27:11	00:26:17		
		Joy Pickering	00:32:26		00:31:59	00:31:32
		Karen Bothma		00:25:00		
		Ken Oakes	00:30:30		00:29:48	00:36:45
		Linda Schoo			00:31:59	
		Linda Whittal	00:26:14			
		Lynn		00:31:32		
		Lynne Nelson	00:30:30		00:29:48	00:36:45
		Mark De Swart	00:23:53	00:28:18		
		Michelle De Wet	00:28:00	00:34:27		00:29:12
		Mike Pickering	00:29:15		00:29:03	00:31:32
		Nic Brummer				00:24:40
		Pedro Goncalves				00:31:50

		Ronel Van Wyk		00:29:32		
		Shirley Miksch	00:29:58	00:29:32	00:29:40	
		Stefnie Douglas		00:26:42		00:26:08
		Steven Douglas		00:26:42		00:26:08
		Tracey Salgado	00:29:58	00:29:32	00:29:40	
		Truus Grater	00:33:01	00:32:25		00:31:58
		Viv Fimpel		00:29:32		00:29:00
		Viv Grater	00:33:01	00:32:25	00:30:18	
		Wilna Jordaan	00:28:00			
		Yvonne Marais	00:31:30			
	4	Alvin Witten	00:27:37			
		Desiree Martin	00:37:38			
		Graham Nelson				00:36:45
		Heather Furter			00:36:15	
		Jean Witten	00:37:38			
		Kobie Olckers	00:35:12			
		Michelle De Wet			00:36:15	
		Paul Laubscher	00:29:53	00:30:27		
		Rea Cilliers	00:30:17			
		Ronel Van Wyk	00:35:12			
		Wayne Milward	00:29:53			
		Wilna Jordaan		00:31:00		
	5	Alvin Witten			00:35:05	
		Cynthia Barnes	00:41:15	00:42:05	00:40:19	00:40:47
		Eric Roper		00:45:00	00:45:00	00:45:00
		Ita Stiglingh	00:36:58	00:37:44		00:37:41
		Jean Witten			00:44:38	00:43:45
		Karen Bothma			00:40:19	00:41:10
		Paul Laubscher			00:40:19	
		Rea Cilliers		00:37:44	00:39:12	00:37:59
		Wayne Milward		00:37:44	00:38:47	00:37:41
		Wilna Jordaan			00:44:38	00:43:42